



Thirsty Thursday: Drink in Bulk

During Plastic Free July, instead of buying individual sodas or juices in plastic bottles to quench your thirst, consider alternatives! Most **beverages can be found in aluminum cans and glass bottles, which can be much more effectively recycled** than plastic bottles. Even better, brew yourself a pitcher of Sun Tea and store it in a few of those bottles you've washed for re-use. Or, add some fresh mint or lemon slices to a half-gallon of ice water in the fridge for an easy refreshment, sweetened or not.

The fewer individually bottled drinks we buy, the less waste we generate.

Photo: Sorted and baled plastic bottles, prepared for a recycling facility; credit: Gavran33