



Take Care Tuesday: Cigarette Butts

The first [Take Care Cape Cod](#) campaign we're highlighting for Plastic Free July focuses on cigarette butt litter.

Did you know that cigarette butts are actually made of PLASTIC? The filter on the end of a cigarette may seem like paper, but it is actually composed of a material called cellulose acetate, which is not biodegradable. Cigarette butts introduce harmful toxins and microplastics into the environment, in addition to nicotine.

We challenge you to **dispose of your cigarette butts properly**. In 2017, [CARE for the Cape and Islands](#), along with the Provincetown Recycling and Renewable Energy Committee, installed 14 cigarette "buttlers" to collect cigarette butts in the public spaces of Provincetown, and dozens more have been installed since then. Approximately 100 lbs of butts have been collected and disposed of, which has prevented approximately 100,000 of cigarette butts from entering our oceans. Keep these toxins out of our waters; use a "buttler" today!