



Water Bottle Wednesday

Plastic Free July kicks off with an easy challenge to **eliminate single-use plastic water bottles** from your daily routine.

An estimated 1,500 plastic water bottles are consumed across the US every second, which adds up to **around 35 BILLION plastic water bottles consumed in the US alone, in just one year**. At least 70% of those bottles are not recycled. Bottled water costs around 1,000 times more than tap water, which in most municipalities (including Provincetown) is clean, filtered and safe when it comes out of your faucet.

Instead, **invest in a reusable water bottle!** For just one individual, switching to a reusable bottle can save around \$500 per year.

Free water bottle filling stations can be found across Barnstable County. Provincetown has bottle filling stations at many locations, including the public restrooms at MacMillan Pier and at Motta Field. At the Center for Coastal Studies, our staff water bottle fill stations have saved over 23,000 plastic water bottles thus far!

Learn about the Cape Disposable Water Bottle Ban here:

<https://sustainablepracticesltd.org/bottle-ban>

Photo Credit: [Sustainable Practices](#)